

University of Arizona Zuckerman College of Public Health  
Community Outreach and Engagement Program

## *Street Medicine Phoenix*

VOLUNTEER NEWSLETTER - OCTOBER 2023

### *Calling all creatives!*

Have you always wanted an outlet to express your passion for service or share the experiences you have had with Street Medicine Phoenix? Check out our new blog, *Street Medicine Phoenix Voices!* This blog is a space where the essence of street medicine will be captured through art and photography all while finding ways to give back to the individuals we do this for. If you are interesting in collaborating, please contact [katiehuisman@arizona.edu](mailto:katiehuisman@arizona.edu) or [dkoujah@arizona.edu](mailto:dkoujah@arizona.edu) and be part of their upcoming gallery project. Here's an excerpt from the blog:

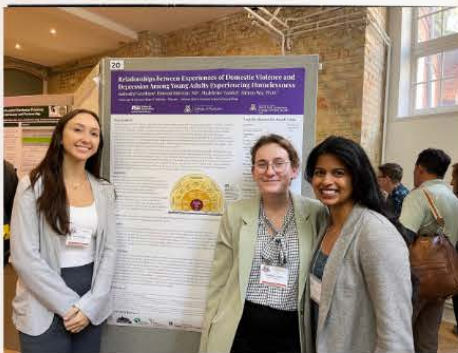
### **Tell Me More**

By Katie Huisman

It's not a routine blood pressure screen. It's not a valuable blood sugar reading. It's not the crucial cleaning and wrapping of a wound. It's not a life-saving box of naloxone. It's not a cozy pair of socks in the cold months. It's not even an ice cold Gatorade and protein bar. It's a listening ear. That is what *really* seems to help most people I encounter on the streets.

We show up offering small, but impactful resources to improve people's health and quality of living. And sure, they are interested in those things, but not in the same way they get excited about asking us about our lives, or sharing about theirs. They crave connections with people and that is the purest human need. It's this humanity of Street Medicine that consistently keeps me coming back for more.

Visit <https://smpvoices.wixsite.com/smpvoices> to read more!



### *Research Shoutout*

Congratulations to our Co-Leads, Madeleine Taddei, Hannah Burman, and Ashwathy Goutham for presenting their poster "Relationships between Experiences of Domestic Violence and Depressions Among Young Adults Experiencing Homelessness" at the International Street Medicine Symposium in London this month!



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# Dr. Fauer's Wound Care Tips

When should I use hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>)?

## Don't Use on...

### Chronic Wounds

- Areas of poor perfusion such as tendons, bones
- Granulation tissue - new connective tissue
  - H<sub>2</sub>O<sub>2</sub> kills infected and healthy cells
- Burns
- Venous Stasis Ulcers
  - poor blood flow causes pooling in legs --> damages skin --> venous ulcers



Granulation tissue has a marble appearance!



Shallow ulcer with irregular borders over bone

## Use on...

### Acute Wounds

- Everything else! especially dirty wounds or acute wounds from trauma
- Purulent d/c with erythema
- Cuts on their hands



This wound has gravel in it!



## What is a wet to dry (WTD) dressing?

- Step 1: Clean the wound with soap + water or peroxide  
Step 2: Dampen a thin piece of gauze with saline solution or peroxide and lay gauze all over wound. (A)  
Step 3: Wrap around the whole limb with another layer of dry wrapping gauze thin enough to dry out the damp gauze. (B)  
Step 4: Peel off gauze in 12-24 hours. (the dead biological material should be adherent to the gauze!). (C)



A



B



C

A WTD dressing prevents infection and speeds up the healing process by moving fluid and buildup from the wet to dry gauze through capillary action!

## 2024 Leadership Applications

A year has flown by so quickly, and it is time to start looking for a new leadership team! Applications will be open to any first-year medical student from UACOM-P who has previously volunteered with us and is interested in a more hands-on role in our organization. Leadership positions will also be open for the special teams within SMP, such as Menstrual Health, Optometry, Overdose Prevention, Wound Care, etc. Details should be sent over email, along with the application. If you have any questions about the leadership roles and opportunities, please email any one of the current Co-Leads!

## 2023 Co-Leads

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